

SEPTEMBER 2026

CACFP Lunch Menu

MONDAY

6 Mini Chicken Corn Dogs
(2 oz. **WG**, 2 oz. **M/MA**)
4 oz. Stir Fry Vegetables
2 oz. Peaches
8 oz. Milk

7 3 oz. **HM** Beef Tamale Pie
1 oz. **WG** Cornbread
4 oz. Fiesta Black Beans
2 oz. Peaches
8 oz. Milk

14 2 oz. Beef Cheeseburger
2 oz. **WG** Bun
4 oz. Waffle Fries
2 oz. Peaches
8 oz. Milk

21 3oz. Turkey Pot Roast w. Gravy
1 oz. **WG** Cornbread
4 oz. Mashed Potatoes
2 oz. Peaches
8 oz. Milk

28 6 Mini Chicken Corn Dogs
(2 oz. **WG**, 2 oz. **M/MA**)
4 oz. Stir Fry Vegetables
2 oz. Peaches
8 oz. Milk

TUESDAY

1 3 oz. Meatloaf (w. Gravy)
1 oz. **WG** Biscuits
4 oz. Mashed Potato
2 oz. Fruit Cocktail
8 oz. Milk

8 5 each Baked Chicken Nuggets
(1 oz. **WG**, 2 oz. **M/MA**)
4 oz. Green Beans
2 oz. Fruit Cocktail
8 oz. Milk

15 2 oz. Sliced Beef Frank
1 oz. **WG** Cornbread
4 oz. Baked Beans
2 oz. Fruit Cocktail
8 oz. Milk

22 Deep Dish Cheese Pizza
(2 oz. **WG**, 2 oz. **M/MA**)
4 oz. Broccoli
2 oz. Fruit Cocktail
8 oz. Milk

29 3 oz. Meatloaf (w. Gravy)
1 oz. **WG** Biscuits
4 oz. Mashed Potato
2 oz. Fruit Cocktail
8 oz. Milk

WEDNESDAY

2 5 Cheese Lasagna Roll
(1 oz. **WG**, 2 oz. **M/MA**)
With **HM** Tomato Sauce
4 oz. Sweet Peas
2 oz. Tropical Fruit
8 oz. Milk

9 Cheese Quesadilla
(2 oz. **WG**, 2 oz. **M/MA**)
4 oz. Carrots
2 oz. Tropical Fruit
8 oz. Milk

16 3 oz. General Tso Chicken
4 oz. Fried Brown Rice
4 oz. Stir Fry Vegetables
2 oz. Tropical Fruit
8 oz. Milk

23 Chicken Patty Sandwich
(1 oz. **WG**, 2 oz. **M/MA**)
2 oz. **WG** Bun
4 oz. Waffle Fries
4 oz. Tropical Fruit
8 oz. Milk

30 5 Cheese Lasagna Roll
(1 oz. **WG**, 2 oz. **M/MA**)
With **HM** Tomato Sauce
4 oz. Sweet Peas
2 oz. Tropical Fruit
8 oz. Milk

THURSDAY

3 5 oz. Red Chili Cheese Burrito
(2 oz. **WG**, 2 oz. **M/MA**)
4 oz. **HM** Corn and Peppers
2 oz. Mandarin Oranges
8 oz. Milk

10 Beef Pepperoni Calzone
(2 oz. **WG**, 2 oz. **M/MA**)
4 oz. Broccoli
2 oz. Mandarin Oranges
8 oz. Milk

17 3 oz. Swedish Meatballs and
Gravy
2.5 oz. **WG** Spätzle
4 oz. European Vegetables
2 oz. Mandarin Oranges
8 oz. Milk

24 4 oz. **HM** Walking Taco
1 oz. **WG** Tortilla Chips
4 oz. Fiesta Black Beans
2 oz. Mandarin Oranges
8 oz. Milk

5 oz. Red Chili Cheese Burrito
(2 oz. **WG**, 2 oz. **M/MA**)
4 oz. **HM** Corn and Peppers
2 oz. Mandarin Oranges
8 oz. Milk

FRIDAY

4 Grilled Cheese Sandwich
(2 oz. **WG**, 2 oz. **M/MA**)
4 oz. Baked Beans
2 oz. Pear
8 oz. Milk

11 6 oz. Penne Pasta with Alfredo
Sauce
(1 oz. **WG**, 2 oz. **M/MA**)
4 oz. Sweet Peas
2 oz. Pear
8 oz. Milk

18 Tex-Mex Tostada (1 oz. **WG**, 2
oz. **M/MA**)
4 oz. Sweet Peas
2 oz. Pear
8 oz. Milk

25 8 oz. **WG** Macaroni and Cheese
(2 oz. **WG**, 2 oz. **M/MA**)
4 oz. Green Beans
2 oz. Pear
8 oz. Milk

Grilled Cheese Sandwich
(2 oz. **WG**, 2 oz. **M/MA**)
4 oz. Baked Beans
2 oz. Pear
8 oz. Milk

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"1% white milk Fat Free chocolate milk offered. Nutrient content and ingredients are available upon request. No pork or nut products offered."